



**NDT Introductory Workshop in the Management of Adults with Stroke,
Brain Injury and Other Neuromotor Disorders**
Sept 22 - 23, 2018

Course description:

This two day introductory level course provides a unique opportunity for health care professionals to gain insight into the basic principles of the NDT approach and how it is applied to clinical practice to promote recovery of function in individuals with neurological impairments. Current theoretical foundations and evidence supporting an NDT approach will be presented as well as specific and practical information about the management of the adult neurological patient. The overall objective of this course is to enable participants to bring information back to their facility and apply it toward promoting more functional movement and achieving functional outcomes with their patients.

Course Learning Objectives

Upon completion of the course the participants will:

- State the basic philosophy underlying the NDT approach to the treatment of adults with neurological dysfunction
- Demonstrate basic skill in analyzing movement, both normal and abnormal, during sitting and standing activities and some transitions
- Identify major impairments interfering with normal movement and function in the adult with stroke, brain injury and other neuromotor disorders such as incomplete spinal cord injury.
- Demonstrate basic handling skills to enhance patient's functional movement as related to his/her functional goals
- Demonstrate an increased repertoire of evaluation and treatment strategies for the individual with stroke, brain injury and other neuromotor disorders.

Instructor: Karen Guha, PT, BSc PT, C/NDT, CIDN, NDTA™ Coordinator/Instructor

Karen is a Physiotherapist at Grand River Hospital and Back Works Spinal and Sports Rehabilitation. She received her Physical Therapy degree from the University of Toronto in 1996 and became NDT trained in 1999. Karen became a NDTA™ PT Instructor in 2007 and a NDTA™ Coordinator Instructor in 2011. She has over 18 years experience working with adults with neurological impairments in acute, rehabilitation and outpatient settings. Karen has taught NDT courses throughout North America and internationally.

Course Format: Course format will include lectures and a patient demonstration by an instructor. A major portion of the course will involve laboratory practice sessions. During lab sessions, participants will have the opportunity to analyze normal movement and practice handling skills to facilitate functional movement patterns in normal adults during sitting/standing activities and transitions.

Tuition: The fee for this 2 day course is **\$450 + HST (\$508.50 Canadian)**. Accepted forms of payment include cheque payable to Back Works Spinal and Sports Rehabilitation, or credit card. Tuition includes course materials, and morning and afternoon refreshments. Lunch is not included. Registration is accepted on a first-come first served basis, so register early to ensure a spot in the course.

Cancellation Policy: Cancellations must be received in writing and all refunds are subject to a 10% administrative fee. *After Aug 10, 2018, no refund will be issued unless a replacement participant is arranged.*

Requirements: Participants must be a Physical Therapist, Occupational Therapist, Speech Language Pathologist, Therapy/Rehab Assistant or Kinesiologist.

Location: Back Works Spinal & Sports Rehabilitation
99 Northfield Dr E Suite 102
Waterloo, ON N2K 3P9

Accommodation: If you require accommodations, we have a corporate rate at the [Best Western Plus](#) on King St in Waterloo. The cost per night is \$119 for standard or \$129 for the deluxe tower - both include a hot breakfast and free parking. To make a reservation call [\(519\) 884-0100](tel:519-884-0100) and mention "Back Works" to receive this rate.

We recommend securing accommodation early as local festivals; events and trade shows can result in hotels being booked.



**NDT Introductory Workshop in the Management of Adults with Stroke,
Brain Injury and Other Neuromotor Disorders**

Sept 22 - 23, 2018

Please complete the following information legibly and mail, fax or e-mail it back with payment. Participants are not considered registered until payment is received.

E-mail to admin@backworks.ca or fax to (519) 746-8346

Mail cheque to:

Back Works Spinal and Sports Rehabilitation
99 Northfield Drive Suite 102
Waterloo, ON
N2K 3P9

Name and credentials as you would like them to appear on your certificate:

Name: _____

Credentials: _____

Address: _____

Phone: _____

E-mail: _____

Profession: _____

Tuition: \$450 + HST (\$508.50 Canadian)

Payment Options:

- Cheque payable to Back Works Spinal and Sports Rehabilitation
- Mastercard
- Visa

Name as it appears on credit card: _____

Credit Card Number: _____

Expiration: _____

