



## **Function in the Upright Posture: NDT Intermediate Level Workshop in the Management of Adults with Stroke, Brain Injury and Other Neuromotor Disorders**

**June 23-24, 2018**

**Course description:** This two-day workshop will present NDT principles related to preparation for and treating in function during standing and walking. The course will provide an opportunity for analysis of biomechanics and components of typical gait and the assessment of movement dysfunction in standing, walking and some transitional movements, in clients with neurological deficits post CVA or brain injury.

### **Course Learning Objectives**

Upon completion of this course the participants will be able to:

- Identify components of normal gait
- Demonstrate basic skill in analyzing atypical components of trunk and lower extremity function, frequently associated with conditions of neurological dysfunction, during standing and some transitional movements and in gait
- Demonstrate basic handling skills to enhance patient's movement as related to his/her functional goals during standing and walking
- Demonstrate an increased repertoire of evaluation and management strategies to address the patient's primary impairments interfering with efficient lower extremity function in a variety of activities

### **Instructor: Karen Guha, PT, B Sc PT, NDTA™ Coordinator/Instructor**

Karen is a Physiotherapist at Grand River Hospital and Back Works Spinal and Sports Rehabilitation. She received her Physical Therapy degree from the University of Toronto in 1996 and became NDT trained in 1999. Karen became a NDTA™ PT Instructor in 2007, a NDTA™ Coordinator Instructor in 2011 and a NDTA™ Advanced Course Instructor in 2014. She has over 18 years experience working with adults with neurological impairments in acute, rehabilitation and outpatient settings. Karen has taught NDT courses throughout North America and internationally.

**Course Format:** Course format will include lectures and patient demonstration by the instructor. A major portion of the course will involve laboratory practice sessions. During lab sessions, participants will have the opportunity to analyze normal movements and practice handling skills to facilitate the recovery of lower extremity motor control and gait re-education.

**Requirements:** Participants must be a registered Physical Therapist, Occupational Therapist, Speech Language Pathologist or Therapy Assistant who has attended a 2, 3 or 5 day Introductory NDT/Bobath Course.

**Location:** [Back Works Spinal & Sports Rehabilitation](#), 99 Northfield Drive, Suite 102, Waterloo, Ontario, N2K 3P9

If you require **accommodations**, we have a corporate rate at the [Best Western Plus](#). The cost per night is \$119 for standard or \$129 for the deluxe tower - both include a hot breakfast. To make a reservation call (519) 884-0100 and mention "Back Works" to receive our rate.

*We recommend securing accommodation early as local festivals; events and trade shows can result in hotels being booked.*

**Tuition:** The fee for this two-day workshop is **\$450.00 + HST = \$508.50 Canadian**. Accepted forms of payment include cheque payable to Back Works Spinal and Sports Rehabilitation, or credit card. Tuition includes course materials, and morning and afternoon refreshments. Lunch is not included. Registration is accepted on a first-come first served basis, so register early to ensure a spot in the course.

**Cancellation Policy:** Cancellations must be received in writing and all refunds are subject to a 10% administrative fee. **After April 13, 2018** & in the event that a replacement cannot be found, no refunds will be granted.



**FUNCTION IN THE UPRIGHT POSTURE: NDT INTERMEDIATE LEVEL WORKSHOP IN THE MANAGEMENT OF ADULTS WITH STROKE, BRAIN INJURY AND OTHER NEUROMOTOR DISORDERS**

**JUNE 23 - 24, 2018**

Please complete the following information legibly and mail, fax or e-mail with payment. Participants are not considered registered until payment is received.

E-mail to [admin@backworks.ca](mailto:admin@backworks.ca) or fax to (519) 746-8346, or mail cheque to:

Back Works Spinal and Sports Rehabilitation  
99 Northfield Drive Suite 102  
Waterloo, ON  
N2K 3P9

**Name and credentials as you would like them to appear on your certificate:**

Name: \_\_\_\_\_ Credentials: \_\_\_\_\_

City: \_\_\_\_\_ Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_ Profession: \_\_\_\_\_

Location of NDT/Bobath Introductory Course: \_\_\_\_\_ Date Completed: \_\_\_\_\_

\_\_\_\_\_

Tuition: \$450.00 + HST (\$508.50 Canadian)

**Payment Options:**

- Cheque payable to Back Works Spinal and Sports Rehabilitation
- Mastercard
- Visa

Name as it appears on credit card: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_

Expiration: \_\_\_\_\_